



# **REPORT OF PROJECTS CARRIED OUT IN 2023**



#### REPORT 2023

INTRODUCTION

• Friends of Zanzibar and the World OOV-ONG •• previously it was a non-profit organization, it was born for

Start activities in support of human rights and international cooperation programs and above all on the islands of Zanzibar and Tanzania and in Italy and in the world

The organization was founded on 7 October 2016 and was registered in the register of organizations of the Italian Government on 09/05/2017,

she was enrolled in the Government of the Revolution

#### Zanzibar on 12/24/2018"

was incorporated as a non-governmental organization in the government

of Tanzania on 04/02/2020.

This community was created for the following reasons:-

support, improve and develop various social projects (educational, health.

Cheap etc.)

• Provide cooperation and solidarity to improve and develop health services, education.

FRIENDS OF ZANZIBAR AND OF THE WORLD ODV-NGO It was born for

A- Helping the community solve health problems and children solve educational problems

B. With the intention of making major changes in afva education and training in the affected area and Zanzibar in general.

C. Design, implement, manage and monitor educational and health projects in Zanzibar.

D. Educating children from the age of 18 months

six (kindergarten).

#### E. Construction of schools and supply of school equipment for children



F\_ Education, re-education, physiotherapy, speech therapy for children with severe cognitive disabilities in our school in a dedicated classroom with a program for the construction of classrooms dedicated to motor and cognitive re-education; project started February 2021.

G-Sign and lip language teaching programs for deaf-mute children with half-time in the government school for community inclusion; project started February 2020.

H. Construction of health facilities with missing services and purchase of necessary medical equipment.

I\_ Support to the Kiwengwa Hospital with the supply of equipment, machinery, medication materials and medicines to support the population in economic difficulty;

L. Build partnerships with other government agencies and organizations and foreign and domestic governments in other countries to support the goals of Friends of Zanzibar and Del Mondo ODVINGO.

M. Building capacity, empowering and motivating the community on the importance of Elimu Da Salute.

N. Organization of seminars, conferences and various workshops that will deal with various topics

J. Opening of a sports academy (Academv).

IT WILL BE IMPLEMENTED EVERY DAY of the year

# ACTIVITIES CARRIED OUT IN THE YEAR 2023 OF THE FRIENDS OF ZANZIBAR AND MONDO ODV ASSOCIATION

#### Nursery and nursery school: NURSERY FRIENDS RAFIKI KIWENGWA

- The 2023 school year restarted in mid-January, with the continuation of the enrollment of new children to replace those who left due to transfer to other schools, the first year of nursery school cycle was activated with authorization from the Ministry of Education; -The 4 deaf and dumb children also started the school year, attending the government school next door for more than half the time, for the primary cycle accompanied by our sign language teacher, continuing and deepening the program in our school after the snack break.

- Uniforms made by local seamstresses were provided, as well as 2 T-shirts, backpacks with school supplies, donated by private individuals and friendly associations,

- 2 teachers were replaced due to transfer to government schools, the coordinator had to be absent for a specialization course, with pro tempore assignment to a present teacher, and another 2 teachers for nursery class were also appointed, 1 in March and one in May, with a new physiotherapist to replace the previous one absent for a specialization course, all carried out after returning, due to the closure of Ramadam.



- The necessary school supplies have been purchased, books, notebooks and objects such as staplers, rulers, scissors, glue and Bristol cardboard; the books were purchased at the end of May.

- At the end of May, with the President on site, the procedures for renewing employment contracts began with 5 teachers already in charge of the nursery school, due to an increase in salaries established by the Ministry of Labor and new contracts were implemented for 5 new teachers, subject to registration of licenses at Ministry of Education, registration with a non-profit company, registration with the Ministry of Social Security and registration with the Ministry of Labour, for all teachers with new accountant help.

- With the help of volunteers, on some days in June, medical visits were carried out for the certificate of good health for the Ministry of Education for all 140 children, including periodic visits carried out by the Kiwengwa hospital doctor, the results were children with fungi, eczema, ear infections, sore throat, bronchitis. Everyone was treated with medicines purchased from us. The visits are repeated as needed even in the presence of the parents, who are provided with care. With this initiative we tend to invite families not to underestimate certain pathologies and make it a habit to monitor their children's health - Dental visits including treatments for all 140 children in kindergarten were carried out in the last week of July by the Dental Clinic Kitope, in collaboration with SMOM ODV, with the help of one of their Italian volunteers with knowledge of the language English, the visits and treatments took a week, a course on dental prevention, use of toothbrush and

to the school.

- We offer children a protein snack with porridge, a mix of protein cereals to which a part of milk is added for Tuesday, Thursday and Friday, while on Wednesdays they are given milk, bread and cheese; on Mondays mixed fruit and biscuits are provided to supplement the vitamins, since most of them have a poor diet, we try to make up for it with a protein snack.

- The children are given recreational education in Swahili and English, hygiene and health prevention education, environmental education, with separate waste collection and division both inside the nursery and outside, group games and DIY activities are carried out, also with the help of rotating volunteers.

- Maintenance was carried out at the nursery school consisting of: painting of classes 1-2-3 and gates, repairs to some desks and benches, plus some mosquito nets, including work materials, in the period between the end of April and the beginning of June, in addition to the collected shed plastic.

- Following the increase in salary and extension of school hours, an experiment was started with lunch in kindergarten from 1 June 2023, with a contribution from parents and some tourist facilities, without coverage from supporters, but we had to close at the end of November due to non-refundable expenses. sustainable by our Association.



# EXPENSES MADE TSH. 83.484.030



1-2-Nursery classes: telling stories with figures outdoors 3- End of year recital rehearsals



**1-Physical education tests** 

2-Yoga lesson tests

**3-Plastic collection recycle** 





# 1-2-Learn to draw with tempera and wax crayons 3-Learn the alphabet while having fun



1-Maternal 1st year settlement carried out 2-Donate shoes and underwear - 3-learn to play ball







# 1-2-Periodic medical visits and checks 3-Snack with milk and bread-

1-2-3-Dental project: Dental visits, treatments and extractions and dental education and prevention with parents and children.



# **Disabled project: NURSERY FRIENDS RAFIKI KIWENGWA**

-At the beginning of February, children with serious motor disabilities also started the school year, to which 2 new girls were added, all thanks to the French Association Tabasamu Moja which contributes to the cost of the physiotherapist who comes to school 3 times a week for physiotherapeutic and psychomotor re-education - The children are also followed by 3 people to help with autonomy, by the lip sign language teacher for the deaf and dumb, and support for play activities for children with serious motor disabilities.



-A blender was purchased for children with severe motor disabilities, in order to be able to feed them given their difficulties in swallowing.

- We have a taxi that picks up the children at home, takes them to school together with independent aid and then brings them back home.

-Some disabled children are placed with able-bodied children, to encourage inclusion.

- Pediatric visits were carried out on disabled children in the presence of their parents, in order to establish collaboration in the care and management of children; also in the presence of autonomy aids, physiotherapist and support teacher for better management and care of children, with the support, collaboration and supervision of the management of our child neuropsychiatrist member Dr. Elisa Alessi, who has kept in contact with the Paediatrician, the local physiotherapists, and carried out interviews with the Italian physiotherapists with the President, thanks to the collaboration of Physiotherapists without Borders, we managed to find specialized physiotherapists for children with serious disabilities like the ones we have. In November and December we had a physiotherapist, psychomotricist, coming through their Association, with specializations obtained abroad, who did an excellent job with the children, both for physiotherapy, their socialization, and for occupational activities, providing on-site training.

We came into contact with Associations and Physiotherapists who have worked and who work in Tanzania at Centers, obtaining good advice on how to combine Western experience and treatment activities with African ones.

We try to work by carrying out targeted and executed projects as best as possible, also based on local possibilities, integrating them with European supports, with the aim of providing on-site training to make them autonomous.

Our respect towards them comes first, helping them to work better.

All this is possible thanks to the help of volunteers and the collaboration of local NGOs.

-Audiometric tests were carried out on the deaf and dumb at the end of July, at the local NGO Zop Academy in Stone Town, we asked for consultations in Italy with professionals to evaluate which of the children can recover and how, we looked for companies and professionals through members to recover hearing aids, once the children have their prostheses, they must undergo an audiology course and with this we will have the collaboration of the local NGO Deaf Chaviza.

-At the beginning of November, work began on the classroom for disabled people for therapies, thanks to the donation from the Rotary of Zanzibar and some private donations following a fundraiser, only the rough part has been completed and the works will resume in January 2024. A necessary decision as to continue with the second year of nursery school an extra room was needed and room 5 was intended for the new admissions in 2024, exchanging with class 1 for the second year of nursery school.

### EXPENSES MADE TSH. 40.808.906,25



# 1-2-3-Disabled people: pediatric visits, sign language lessons, and inclusion of nursery classes for English, mathematics and Swahili lessons



1-2-3- Deaf and dumb: Attendance at public school with our teachers and audiometric tests.







# 1-2-3: Pupils with disabilities: physiotherapy, occupational activities and lessons

October November and December 2023: Raw construction of a classroom for therapies and occupational activities for children with severe motor and cognitive disabilities, completed January 2024





#### **Medical Center**

- From February 2023, work began again on the Medical Center under the supervision of Member Gian Franco Langiano who purchased the materials personally, with Association funds, and in collaboration with local workers on a daily basis; the installation work was carried out on external mosquito nets, entrance doors, iron gate at the rear entrance, installation of disabled slide, replastering and external painting.

-The works continued in June 2023 with the President, the external canopies were made and installed on the rear and side windows, since as there was no protruding roof it rained inside.

-The iron gate at the main entrance was made and installed, the ceiling closures were made, washable paint was made on the lower part of the wall throughout the entire building internally, all the windows were reinforced, the external lateral and front parts of the building were tiled kitchen hob, waxed the guesthouse floor, installed the water heater, had the plumbing and water system checked, the electrical system checked by an electrician, had the water tank connected to both the hospital and the medical centre; Had some missing doors made, dentist's warehouse, reception entrance to the medical section, guest quarters: small room and door that goes from the kitchen to the living room used as a bedroom.

-Refrigerator, stove, 1 mattress and 2 pillows were purchased, furniture samples 1 bed, 1 wardrobe and 1 bedside table were made.

-We had a meeting with an official from the Ministry of Health and the Village Committee in June with the President and local representative, we learned that all health services were no longer in charge of the Region, but had all been transferred to the Ministry, so we took the path to have the authorization to the Ministry of Health, we have appointed our lawyer, with resubmission of all Italian and Zanzibar and Tanzanian documents, we have had meetings with the NGO office and the Ministry of Health, we are awaiting their inspection and authorisation.

### EXPENSES MADE TSH. 14.106.067,50



# 1-2- Medical center restoration completed



## **KIWENGWA HOSPITAL:**

In March, thanks to the remaining whitewashing and grouting material from the Medical Center, the external surface of the hospital was retouched under the supervision of partner Gian Franco Langiano.

A supply of medicines were purchased and delivered to the hospital in February 2023. The medical supplies were then suspended, as the restoration of the ultrasound service had been requested, as the doctor had no longer been sent by the ministry.

However, medical supplies and medical aids donated by members and tourists visiting the school were provided on several occasions.

# EXPENSES MADE TSH. 6.367.935

# 1-2-3-Hospital: external restoration completed, delivery of purchased medicines and ultrasound doctor at work.



# TOTAL EXPENSES MADE TSH. 144.766.938,75

### PROJECTS SCHEDULED FOR YEAR 2024.

# Nursery and nursery school NURSERY FRIENDS RAFIKI KIWENGWA:

-The Nursery cycle will continue with the second year of nursery school;

-All the floors of the classes will be redone, as well as the sidewalk of the school, retouching of walls for floor work, maintenance will continue with painting of classrooms 4 and 5, internal painting, class 5 drawings for school activities, gates with new logo and retouching, in addition to the coat of arms of the government, 5 desks and 20 benches will be made for the 5th class, which will host the first year of nursery school. All the works will be carried out with coverage of dedicated donations.

Registrations will be taken for new children starting in November 2023, an additional teacher will not be taken for nursery school, the 2 teachers who were present in the nursery class of 2023 will split the 2 new nursery classes as there is only one teacher per class.



In Zanzibar the nursery school cycle lasts 4 years, nursery school starts at 4 years old and ends at 6 years of age, and it is only 2 years of nursery school, the primary school cycle begins (elementary school at 7 years old) and the cycle lasts 6 years. The school year begins approximately January 7th and ends December 8th,

# RAFIKI KIWENGWA FRIENDS FOR DISABLED NURSERY PROJECT

.- The new classroom for therapies for children with serious motor and cognitive disabilities will be completed, with the installation of windows, mosquito nets, doors, installation of an electrical system with lights and fans, flooring with tiles, internal and external plastering, execution of a blackboard, smoothing and whitewashing. painting and drawings for educational activities, as well as the manufacturing of 1 large wardrobe for storing materials, a small table, 2 chairs, 1 desk and 4 benches.

-A speech therapist teacher and occupational activities will be hired for children with serious motor and cognitive disabilities.

-Admissions are expected for 3 new disabled children and 1 deaf and dumb child in January 2024.

- The equipment of aids for the disabled will be recovered, donated by Adjutor and Ottobock (3 wheelchairs with work surface), plus a high chair and a standing chair purchased thanks to the donation of 8 per thousand of UCEI at Adjutor, as well as a mattress and 1 cushion for activities, all Italian companies, all shipped with 3 pallets of containers, with the interest of 2 Italian members belonging to our association.

- The construction of another classroom for the disabled is planned for recreational, educational and occupational activities, with a bathroom without architectural barriers; tenders have been issued for this

### . Kiwengwa Multispecialist Medical Center:

- Contacts will continue with the Ministry of Health and our Lawyer for authorization to use and set up the Multi-Specialist Medical Centre, which plans: Dental Clinic in Collaboration with Smom ODV, which will include dental hygiene and prevention projects, dental visits and treatments; , specialist obstetric-gynecological clinic, with a mother and child health education project; while in the other 2 clinics specialist visits and treatments will be carried out by pediatricians, orthopaedists, physiotherapists, ear doctors, ophthalmologists, neurologists, cardiologists, all services for the benefit of the local population, some free of charge, and others at sustainable local prices for recovery of use of materials;

- The services we want to offer are not available locally and those few that exist in the surrounding area are paid for, not accessible to the local population, while we want them to be accessible to the population who do not have economic possibilities.

- The services offered by the Multispecialist Medical Center will not compete with the basic services provided by the Kiwengwa Hospital.



-2 pallets from containers of materials for the Medical Center, one for the Gynecological/Obstetric Clinic and one for the Dental Practice, will be recovered in February 2024, donated to us by Italian healthcare bodies.

# **Kiwengwa Hospital:**

Medical supplies will be resumed, given that the ultrasound doctor has been sent back for service, as well as the supply of medical supplies and machinery spare parts.

We had very helpful and collaborative volunteers on rotation, who gave good support, in addition to the collaboration of local NGOs, such as Chaviza, UWZ, Zop Academy. We have had tourists visit who have really appreciated the work we do, some of them have become members of the Association and others supporters with school foster care for children, we are very proud of this.

We warmly thank all the volunteers, collaborators, local NGOs and Italianem who worked hard during the year to follow the nursery, dental and medical visits, follow the disabled with activities, the Hospital and Medical Center support project, thanks to all without exception of collaboration, moral and economic support. Without all this we would not have achieved what was done in the year 2023.

In faith

Rosanna Rondelli President of the NGO Friends of Zanzibar and the World

# SOCIAL IMPACT ACHIEVED WITH THE PROJECTS CARRIED OUT OVER THE YEARS:

### □ HOSPITAL:

1. Increase in births with fewer risks, decrease in mortality of mothers and children thanks to the use of the ultrasound scanner donated by us and the analysis machines

2. increase in knowledge for the population to the assistance of the services offered by the Hospital, thanks to the machines, instruments and medicines provided, and a tangible credibility in medicine unlike popular beliefs and magic.

3. decrease in deaths of children and adults, since the average infant mortality is 5 years, and the average adult mortality is 35 years.

### NURSERY:

1. thanks to the health and dental education and prevention projects with treatments at the Amici Rafiki Kiwengwa Nursery managed by us, parents have been encouraged to have their children checked more often at a health level.



2. with the birth of the first free nursery founded by us, parents have noticed a better education and preparation with our project, such as to request the continuation with the nursery.

3. with the Nursery a social project has been created, useful for mothers and single women abandoned by their husbands (due to the custom of taking more than one wife); this allows them to carry out occasional jobs to support the family when their children are in nursery.

# LOCAL ÉCONOMY

-All this has created an economic spin-off, since jobs have been created: teachers, cleaning and kitchen assistants, helpers for disabled autonomy, physiotherapist, speech therapist and support teacher, sign language teacher, taxi for transporting disabled people, guardian, means of transport for able-bodied children, in addition to the local economy circle with the expenditure we make for the school.

-We have supported the economy with the construction of 5 wells distributed in the village of Kumba Urembo of Kiwengwa (2015 - 2019), restoration and expansion of the Government school, with installation of drinking water (2013 - 2019); as well as in the construction of the Nursery Amici Rafiki Kiwengwa with the supply and installation of drinking water, the restoration of the building for the Medical Center, external restoration of the Hospital, construction of a classroom for disabled people, in addition to the ordinary maintenance of the nursery and kindergarten.

With our support in all the projects we have grown and learned to create a collaboration with the local population, employees and entities with which we interface with our projects. We hope to be able to start soon with the New Medical Center, it will be a great commitment, we all believe in providing a health service to those who cannot have access to the health service present on site, because it is paid except for the basic visit. Sincerely,

Rosanna Rondelli - President of the NGO Amici di Zanzibar e del Mondo ODV



Web site: www.amicidizanzibaredelmondo.org Facebook - Instagram: amicidizanzibaredelmondoodv Pec: <u>amicidizanzibaredelmondo@pcert.postecert.it</u> E-mail: amicidizanzibaredelmondo@gmail.com